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|  | **Quotes/sentences** | **My comments** |
| 1 | Students have short attention span. | I see the importance of this quote. In fact, it must incite teachers to vary their activities. |
| 2 | “Your enthusiasm is key”  “Finally, if we want our students to be motivated and engaged in our lessons, it is essential to show enthusiasm for what we are teaching. The more lively and animated you are about the lesson, the more the students will want to join you and learn.” | A student cannot be enthusiastic for the lesson if the teacher isn’t. Thus, the teacher must show enthusiasm for what is being taught. |
| 3 | The best model for integrating language skills is where the practice of receptive skills of listening and reading leads into the practice of the productive ones of speaking and writing (Cohen, 1990; Burgess, 1994). | This quote demonstrates how are the four skills related, and advocates that receptive skills lead to the practice of productive skills. |
| 4 | In integrated language skills teaching/learning process, the contents/task, and activities should be sequenced in a logical progression, by placing the easier aspects at the beginning, which are then followed by more difficult ones. | This quote sheds light on the importance of the choice of the sequence of activities.  When students are given difficult activities first, they will be blocked and shocked. Thus, it is appropriate to start by the easiest ones. |
| 5 | In order to stress the importance of vocabulary learning, Allen(1983) stresses that “communication breaks down when people do not use the right words" (p.5). | This quote sheds light on the importance of teaching vocabulary. Indeed, it is important to choose the right vocabulary to convey a specified message, so it achieves the goal expected goal of “English for Global Communication”. |
| 6 | O’Neill et al., (2011) suggest that "Good lesson results in efficient use of classroom time. Students respond to a well-organized lesson where no time is wasted, and the teacher’s job is thus made less difficult" (p.12). | This quote also emphasizes the importance of being prepared. In other words, preparing a plan that takes into consideration the classroom time. The time will be invested in a way that does not make the students feel bored. |
| 7 | FAIL TO PLAN = PLAN TO FAIL  When novice teachers start writing their own plans, they become confused (John, 2006). | This quote emphasizes the importance of preparing a plan, and shows that it is not an easy task. Hence, I must be allotted appropriate time and efforts. |
| 8 | ICT  It enables course administrators and teachers to vary lesson presentation styles to motivate students of varying interests, provides learning opportunities outside the classroom, and is perceived to cater more for individual differences. | Teachers have to vary not only the activities, but also the way they are presented to the students. Hence, ICT can be helpful. |